



World Class Institute of Martial Arts

Red Belt Basic Action Combinations *(purple=b.belt add ons)*

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|----|---|----|---|
| 1 | Sang Dan Makee
Tora Choon Dan Kong Kyuck
Ha Dan Makee
<i>Step Ridgehand</i> | 1 | High Block
Reverse Middle Punch
Low Block
<i>Step Ridgehand</i> |
| 2 | Choon Dan Kong Kyuck
Toro Choon Dan Kong Kyuck
Yup Kwan Do
<i>Lead Leg Ax Kick</i> | 2 | Middle Punch
Reverse Middle Punch
Side Hammerfist (Horseshoe Stance)
<i>Lead Leg Ax Kick</i> |
| 3 | Choon Dan Hwing Jing Kong Kyuck
Hugul Yup Makee
Tora Choon Dan Kong Kyuck
<i>Plier Hand Back Stance</i> | 3 | Side Punch
Side Block Fighting Stance
Reverse Punch
<i>Plier Hand Back Stance</i> |
| 4 | Chun Gul Sang Soo Makee
Pakeso Sang Dan Soo Do Kong Kyuck
Ha Dan Soo Do Makee
<i>Knee Kick, Step Ridgehand</i> | 4 | Two Fist Block Front Stance
Outside-Inside High Sidehand Attack
Low Knife Block Fighting Stance
<i>Knee Kick, Step Ridgehand</i> |
| 5 | Sang Dan Sang Soo Makee
Yup Soo Do Kong Kyuck
Yuk Soo Do Kong Kyuck
<i>Spinning Heel Kick</i> | 5 | X Block High (Front Stance)
Side Knifehand Strike (Front Stance)
Ridgehand Strike (Front Stance)
<i>Spinning Heel Kick</i> |
| 6 | Pakeso Ahnero Makee
Tora Pakeso Ahnero Makee
Dwi Pal Koop Kong Kyuck
<i>Step, Elbow Down</i> | 6 | Outside-Inside Block
Reverse Outside-Inside Block
Elbow Strike-Back
<i>Step, Elbow Down</i> |
| 7 | Yuk Soo Kong Kyuck
Hugul Ahneso Pakero Makee

<i>Lead Leg Snap Kick, Elbow Block</i> | 7 | Defense Punch (open hand strike,
reverse HIGH punch)
In to Out Block, LH in hugel jaseh
<i>Lead Leg Snap Kick, Elbow Block</i> |
| 8 | Dwi Cha Go
Sang Dan Makee
Tora Choon Dan Kong Kyuck
<i>Continue with #9</i> | 8 | Back Kick
High Block
Reverse Punch
<i>Continue with #9</i> |
| 9 | Ahp Cha Go
Dul Ryo Cha Go
Dwi Cha Gi | 9 | Front Snap Kick
Round House Kick
Back Kick |
| 10 | Yup Cha Go
E Dan Yup Cha Go
Dwi Cha Gi | 10 | Side Kick
Jump Side Kick
Back Kick |
| 11 | Dul Ryo Cha Go
E Dan Ahp Cha Go
Dwi Cha Gi | 11 | Round House Kick
Jump Front Kick
Back Kick |
| 12 | Beet Cha Go
Moo Rup Cha Go
Dwi Hu Ryo Cha Gi | 12 | Inside Pivot Kick
Knee Kick
Turning Hook Kick |