

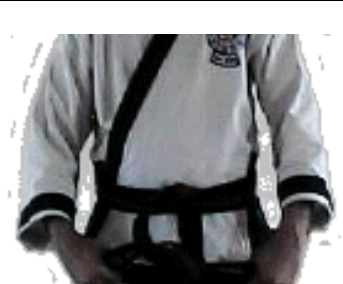
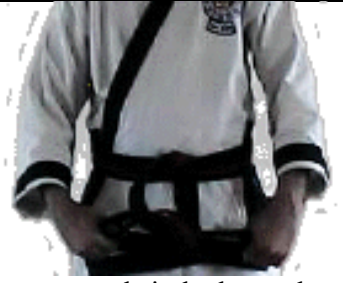



Tying Your Dee (Belt)

The pictorial and instructions below are the traditional way of tying your dee, so that the belt “crosses” in back. You may also “wrap” it around your waist, so that the belt is “flat” in back instead of crossed, by starting the belt on your left hip, and wrapping it around twice until both ends are in the front as pictured in the third panel below. The rest of the instructions are the same.

		
<p>Find the center of your belt.</p>	<p>Place the center of your belt across your waist, and wrap it around the back.</p>	<p>Bring the opposite ends back around front.</p>

		
<p>Cross left over right and bring that side underneath BOTH layers around your waist.</p>	<p>Note that it is under BOTH “layers”, not just the top one.</p>	<p>Then cross the current right side over left.....</p>
		<p>The left side of the belt is considered the “junior” side and the right the “senior” side, symbolic of our personal and interpersonal understanding of the Sun Beh & Wu Beh (Senior-Junior) relationship. Therefore, the opening of the knot faces the senior side, symbolic of knowledge passing from senior to junior.</p>
<p>..... and circle that end through the hole and OUT the left.</p>	<p>Pull both ends to finish the knot. Make sure the ends are even.</p>	