

5. & 21. Step, LH High Punch



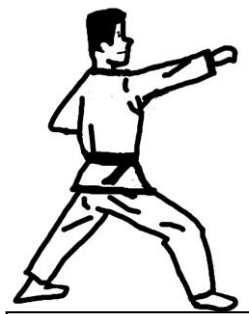
4. Turn R, 180°, RH low blk



1 & 22. Choon Bee/Ready



2. Turn L, 90°, LH low blk



3. & 19. Step, RH High Punch

20. Turn R, 180°, RH low blk

18. Turn L, 270°, LH low blk

Gicho Hyung Ee Bu (2nd Basic Form)

1. Choon Bee Jaseh
2. Turn L 90° Left Low Block
3. Step, Right Hand Center punch
4. Turn R 180° and Right Low Block
5. Step, Left Hand Center punch
6. Turn L 90° toward center and Left Low Block
7. Step & High Block (R)
8. Step & High Block (L)
9. Step & High Block (R) & Kiyap
10. Turn L 270° Left Low Block
11. Step, Right Hand Center punch
12. Turn R 180° Right Low Block
13. Step, Left Hand Center punch
14. Turn L 90° toward center and low block
15. Step & High Block (R)
16. Step & High Block (L)
17. Step & High Block (R) & Kiyap
18. Turn L 270° Left Low Block
19. Step, Right Hand Center punch
20. Turn R 180° Right Low Block
21. Step, Left Hand Center punch
22. Back to Choon Bee.



6. Turn L, 90°, LH low block



17. Step, RH High Blk-KIYAP!



7. Step, RH High Block



16. Step, LH High Block

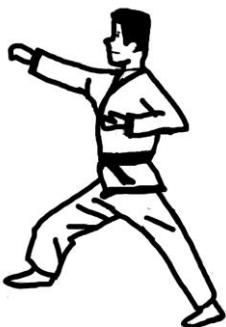
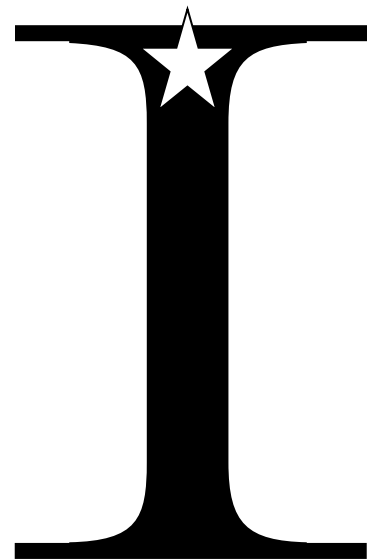


8. Step, LH High Block



15. Step, RH High Block

“I” formation.
Start and end at “Star”.



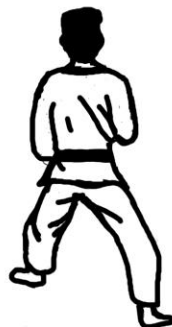
11. Step, RH High Punch



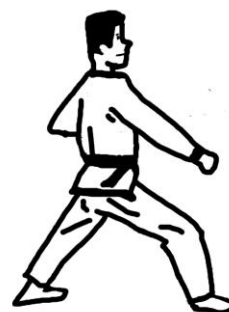
10. Turn L, 270° LH low blk



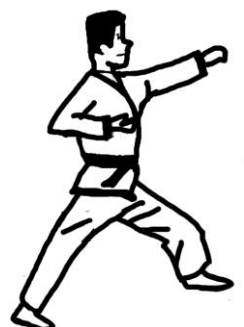
9. Step, RH High Blk-KIYAP!



14. Turn L, 90° LH low blk



12. Turn R, 180° RH low blk



13. Step, LH High Punch