



























NEW as of 1/1/2022	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Tiny Tigers 			 5:45 - 6:15	 6:30-7:00	 4:45 - 5:15	
Dragons 			 6:30-7:00	 5:45 - 6:15	 5:15 - 5:45	
 White, Yellow, Oranges		6:30-7:15	7:15-8:00	5:45-6:30	5:45-6:30	PRIVATES by sign up 5:45 (more if needed)
ALL Greens 		7:15-8:00	5:45-6:30	6:30-7:15	6:30-7:15	PRIVATES by sign up 5:45 (more if needed)
ALL Reds 		5:45-6:30	6:30-7:15	7:15-8:00	7:15 including BB Test Prep (R3+R4) in other room	PRIVATES by sign up 5:45 (more if needed)
Cardio Kickboxing 	8:30 AM (morning), subject to cancellation	8:00 p.m.	8:00 p.m.	8:00 p.m.		
Weapons & Demo Team						Weapons 6:15, Demo Team 6:45
BLACK BELTS 		BB 8:00 p.m.			BB 8:00 p.m.	

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