

<b>Name:</b>	<b>Test Paid:</b>	<b>TESTING DATE:</b>
<b>CURRENT rank:</b>	<b>Dobok Pd:</b>	

<small>(Parent signs if student is under 18). I have read and agree to all conditions on other side.</small>	<b>Belt Size:</b>	<b>Dobok Size:</b>
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<b>Signature:</b>	
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<b>White Belt to Yellow Belt</b>	
<b>Basic Actions</b>	
High Block <input type="checkbox"/>	Front Kick <input type="checkbox"/>
Low Block <input type="checkbox"/>	Roundhouse Kick <input type="checkbox"/>
Front Punch <input type="checkbox"/>	Slide up Side Kick <input type="checkbox"/>
Hammerfist <input type="checkbox"/>	Flying Front Kick <input type="checkbox"/>
<b>Hyung - Kicho Hyung Il Bu (First Basic Form)</b>	
<b>Il Soo Sik-One Step Sparring #1-step R, Blk/Punch same time</b>	
<b>Ho Sin Sul - Self Defense</b>	
Wrist Grabs: Same side <input type="checkbox"/>	Elbow push/Cross side <input type="checkbox"/>
Belt Takedown <input type="checkbox"/>	
<b>Terminology/History</b>	
Dobok - Uniform (Doe-BOKE) <input type="checkbox"/>	
Dojang - Training Center (Doe-JUNG) <input type="checkbox"/>	
Tang Soo Do - Type of Karate we do <input type="checkbox"/>	
Origin of Tang Soo Do - Korea <input type="checkbox"/>	
Name of our school: World Class Institute of Martial Arts <input type="checkbox"/>	
<b>In Neh-Endurance. 10 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>Yellow Belt to Orange Belt</b>	
<b>Basic Actions</b>	
In to Out Block <input type="checkbox"/>	Knee Kick <input type="checkbox"/>
Out to In Block <input type="checkbox"/>	Turning Side Kick <input type="checkbox"/>
Reverse Punch <input type="checkbox"/>	Back Kick <input type="checkbox"/>
Sidehand Strike <input type="checkbox"/>	Flying Side Kick <input type="checkbox"/>
<b>Hyung - Kicho Hyung Ee Bu (Second Basic Form)</b>	
<b>Kicho Hyung Sam Bu (Third Basic Form)</b>	
<b>Il Soo Sik-One Step Sparring #2-Blk/Punch same time, Elbow, Chop</b>	
<b>Ho Sin Sul - Self Defense</b>	
Bear Hug Front (step back, knee, takedown) <input type="checkbox"/>	
Neck Grab <input type="checkbox"/>	
<b>Terminology/History</b>	
Choon Bee Jaseh - Ready Stance <input type="checkbox"/>	
Cha Ryut - Attention <input type="checkbox"/>	
Kyung ye - Bow <input type="checkbox"/>	
Name of Federation: World Class Federation of Martial Arts <input type="checkbox"/>	
<b>In Neh-Endurance. 15 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>Orange Belt to O/Stripe</b>	
<b>Basic Actions</b>	
Side Block <input type="checkbox"/>	Fade in/out Front kick <input type="checkbox"/>
Low Knifehand Blk <input type="checkbox"/>	Fade in/out Round kick <input type="checkbox"/>
Side Punch <input type="checkbox"/>	Fade in/out Side kick <input type="checkbox"/>
Palm Strike <input type="checkbox"/>	Step behind Hook kick <input type="checkbox"/>
<b>Hyungs - Pyong Ahn Cho Dan (First in Pyong Ahn Hyung)</b>	
<b>Il Soo Sik - One Step Sparring #3</b>	
Block, Grab, Elbow <input type="checkbox"/>	
<b>Ho Sin Sul - Self Defense</b>	
Step Takedown <input type="checkbox"/>	
Wrist Grabs 3 (2 on 1) and 4 (2 on 2) <input type="checkbox"/>	
<b>Terminology/History</b>	
Hana, Tul, Set, Net, Tasot, Yosot, Ilgop, Yodul, Ahop, Yol <input type="checkbox"/>	
Kyo Sa Nim-Certified Instructor. Sa Bom Nim-Master Instr. <input type="checkbox"/>	
KWAN JANG NIM - Grandmaster <input type="checkbox"/>	
<b>In Neh-Endurance. 20 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>O/Stripe to Green Belt</b>	
<b>Basic Actions</b>	
Reverse In to Out Blk <input type="checkbox"/>	In to Out Crescent Kick <input type="checkbox"/>
Middle Knifehand blk <input type="checkbox"/>	Out to In Crescent Kick <input type="checkbox"/>
Piercing Hand <input type="checkbox"/>	In to Out Ax Kick <input type="checkbox"/>
Ridge Hand <input type="checkbox"/>	Out to In Ax Kick <input type="checkbox"/>
<b>Hyungs - Pyong Ahn Ee Dan, Pyong Ahn Cho Dan</b>	
<b>Il Soo Sik - One Step Sparring #4</b>	
Block, Grab, Elbow, Elbow <input type="checkbox"/>	
<b>Ho Sin Sul - Self Defense</b>	
Out to In spin step takedown <input type="checkbox"/>	
2 Hand Shoulder Grab <input type="checkbox"/>	
<b>Terminology/History</b>	
Shi Jok=Begin <input type="checkbox"/>	Muk Nyum=Meditate <input type="checkbox"/>
Anjo=Sit <input type="checkbox"/>	Kuk Gi Bay Ray=Salute the Flag <input type="checkbox"/>
<b>In Neh-Endurance. 25 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>Green Belt to Green 1</b>	
<b>Basic Actions</b>	
Reverse Out to In Blk <input type="checkbox"/>	Jump Front Kick <input type="checkbox"/>
X Block Low <input type="checkbox"/>	Jump Roundhouse Kick <input type="checkbox"/>
Elbow Strike Down <input type="checkbox"/>	Jump Side Kick <input type="checkbox"/>
Elbow Strike Over <input type="checkbox"/>	Jump Ax Kick <input type="checkbox"/>
<b>Hyungs - Pyong Ahn Sam Dan+Ee Dan, Cho Dan</b>	
<b>Il Soo Sik - One Step Sparring #5. Left side Block, Punch</b>	
<b>Ho Sin Sul - Self Defense</b>	
Hip Throw <input type="checkbox"/>	
Wrist Grab #5 (ss, radial drop) <input type="checkbox"/>	
Wrist Grab #6 (ss chop knee) <input type="checkbox"/>	
<b>HISTORY: (GO TO WEBSITE FOR ANSWERS)</b>	
1. What does Gup mean? <input type="checkbox"/>	
2. What does the word "karate" mean? <input type="checkbox"/>	
3. Why do we study Tang Soo Do? IN FIVE WORDS OR LESS: <input type="checkbox"/>	
4. What is the most important thing you get from your training? <input type="checkbox"/>	
5. What type of ranking system do the black belts have? <input type="checkbox"/>	
6. What does the belt of a Grandmaster look like? <input type="checkbox"/>	
7. What does the belt of a Master look like? <input type="checkbox"/>	
8. Who is the head and founder of all of Tang Soo Do? <input type="checkbox"/>	
9. When (what year) was Grandmaster Hwang Kee born? <input type="checkbox"/>	
<b>In Neh-Endurance. 30 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>Green 1 to Green 2</b>	
<b>Basic Actions</b>	
2 Fisted Block <input type="checkbox"/>	Spinning Crescent Kick <input type="checkbox"/>
X Block High <input type="checkbox"/>	Spinning Roundhouse Kick <input type="checkbox"/>
Elbow Strike-Back <input type="checkbox"/>	Spinning Back Kick <input type="checkbox"/>
Spinning Back Fist <input type="checkbox"/>	Spinning Hook Kick <input type="checkbox"/>
<b>Hyungs - Pyong Ahn Sa Dan+Sam, Ee, Cho</b>	
<b>Il Soo Sik - One Step Sparring #6. Deflect, Grab, Elbow, Chop</b>	
<b>Ho Sin Sul - Self Defense</b>	
Arm Throw <input type="checkbox"/>	
Lapel Grab (radial drop) <input type="checkbox"/>	
<b>HISTORY: (GO TO WEBSITE FOR ANSWERS)</b>	
10. In what year did Tang Soo Do originate? <input type="checkbox"/>	
11. In what city and country did Tang Soo Do originate? <input type="checkbox"/>	
12. In what country did the word karate originate: Japan or Korea? <input type="checkbox"/>	
13. What did Grandmaster Hwang Kee buy for a worldwide training place? <input type="checkbox"/>	
14. What is Soo Bahk Do? <input type="checkbox"/>	
15. Write out counting from 1st-10th (Il, Ee, etc) <input type="checkbox"/>	
16. What does Tang mean? <input type="checkbox"/>	
17. What does Soo mean? <input type="checkbox"/>	
18. What does Do mean? <input type="checkbox"/>	
19. What does Tang Soo Do mean? <input type="checkbox"/>	
<b>In Neh-Endurance. 35 each. j.jacks, push ups, leg lifts, knee bends</b>	

<b>Green 2 to Red</b>	
<b>Basic Actions</b>	
Defense Punch <input type="checkbox"/>	Front Kick, Low-High <input type="checkbox"/>
X Block Low/High <input type="checkbox"/>	Roundhouse Low-High <input type="checkbox"/>
Front Punch/Rev Punch <input type="checkbox"/>	Turning Side, Low-High <input type="checkbox"/>
Palm to Ears Strike <input type="checkbox"/>	Front-Roundhouse Kick <input type="checkbox"/>
<b>Hyungs - Pyong Ahn O Dan+Sa, Sam, Ee, Cho (Pyong Ahn Hyung)</b>	
<b>Il Soo Sik - One Step Sparring #7. Block, Palm Strike</b>	
<b>One Step Sparring #8: Block, Elbow</b>	
<b>Ho Sin Sul - Self Defense</b>	
Head Throw <input type="checkbox"/>	
Wrist Grab #7 (2 on 2 clothesline takedown) <input type="checkbox"/>	
Wrist Grab #8 (2H grab behind) <input type="checkbox"/>	
<b>HISTORY: (GO TO WEBSITE FOR ANSWERS)</b>	
20. What other country influenced Tang Soo Do? <input type="checkbox"/>	
21. Why does Tang Soo Do have Martial Arts influence from another country? <input type="checkbox"/>	
22. What is the % and name of the styles that make up Tang Soo Do? <input type="checkbox"/>	
23. What style of Martial Arts from this other country influenced Tang Soo Do? <input type="checkbox"/>	
24. For how many years did Hwang Kee have to flee his country? <input type="checkbox"/>	
<b>What seasons do the colored belts represent?</b>	
25. White <input type="checkbox"/>	
26. Yellow/Orange <input type="checkbox"/>	
27. Green <input type="checkbox"/>	
28. Red <input type="checkbox"/>	
29. Black Belt (Midnight Blue Belt) <input type="checkbox"/>	
<b>In Neh - Endurance. 40 each. j.jacks, push ups, leg lifts, knee bends</b>	

I authorize photographic pictures or video tapes. I agree to NOT directly nor indirectly compete with the business, services, products, programs. I agree to NOT divulge trade secrets or curriculum.
<i>LIABILITY WAIVER AND RELEASE. The Member/Participant understands and agrees that strict observation of the rules and regulations relative to training and testing, including the use of protective equipment, is required and that the use of facilities and the Member/Participant's presence at the School and testing are at the sole risk of the Member/Participant. It is understood and agreed by the Member/Participant that martial arts involves defensive and offensive skills and training which include violent and sudden movements and that in connection with the training and instruction sessions, there will be physical contact between instructors and Members and between and among the Members themselves and that such contact may result in personal injury despite the best intentions and following adequate precautions. The Member/Participant agrees that the School and its instructors, agents, employees, operators and authorized representatives, shall not be responsible for and are hereby released from any liability, claim, loss, including loss of property, damage, personal injury, or expense incurred by a Member/Participant or anyone claiming through a Member/Participant, or related to Any activity connected with the School including, but not limited to, any caused by the negligence or gross negligence of the School or its instructors, Members, agents, employees, operators or authorized representatives.</i>
<b>CONTACT.</b> Member/Participant understands that during the course of testing the School instructors, authorized personnel and/or other Members may be engaged in a course of conduct requiring physical contact with the Member/Participant. He/she gives full consent to such contact as is required by the training program and testing.

<b>Name:</b>	Test Paid:	TESTING DATE:
<b>CURRENT rank:</b>	Dobok Pd:	
<small>(Parent signs if student is under 18). I have read and agree to all conditions on other side.</small>		Belt Size:
Signature:		Dobok Size:

Red to Red 1	
<p style="text-align: center;"><u>Combinations</u></p> <p>1. High Blk, Rev Pnch, Low Block <input type="checkbox"/></p> <p>2. Middle Punch, Rev Middle Punch, Side Hammerfist <input type="checkbox"/></p> <p><u>Basic Actions</u></p> <p>Double Jump Front Kick <input type="checkbox"/></p> <p>Jump Front Round <input type="checkbox"/></p> <p>Hyungs - Pyong Ahn Hyung <input type="checkbox"/></p> <p>II Soo Sik Combination 1 <input type="checkbox"/></p> <p>Self Defense: Head Lock <input type="checkbox"/></p> <p style="color: purple;">Wrist 9 (Z lock, cs front) <input type="checkbox"/></p>	<p style="text-align: center;"><u>Combinations</u></p> <p>3. Side Punch, Side Blk Reverse Punch <input type="checkbox"/></p> <p>4. 2 Fist Block, O/I High Side hand, Goofy Low Knife Blk <input type="checkbox"/></p> <p>Jump Side Back Kick <input type="checkbox"/></p> <p>Jump Split Kick <input type="checkbox"/></p> <p>Hyungs - Bassai So <input type="checkbox"/></p> <p>II Soo Sik Combination 2 <input type="checkbox"/></p> <p style="color: purple;">Wrist 10 (Z lock, ss behind/side) <input type="checkbox"/></p>
<p>HISTORY: (GO TO WEBSITE FOR ANSWERS)</p> <p>30. USA FLAG: What do the 13 stripes represent?</p> <p>31. USA FLAG: What do the 50 stars represent?</p> <p>32. USA FLAG: What do the colors represent?</p> <p>33. Who was the first Korean Tang Soo Do Master to come to Detroit, MI?</p> <p>34. KOREAN FLAG: upper left symbol (circle one):</p> <p>35. KOREAN FLAG: lower right symbol (circle one):</p> <p>36. KOREAN FLAG: upper right symbol (circle one):</p> <p>37. KOREAN FLAG: lower left symbol (circle one):</p> <p>38. KOREAN FLAG: Symbol in the middle (circle one):</p> <p>39. KOREAN FLAG: The Color White (circle one)</p> <p>40. KOREAN FLAG: The Color Red (circle one)</p> <p>41. KOREAN FLAG: The Color Blue (circle one)</p> <p>42. KOREAN FLAG: What color represents "Father"?</p> <p>43. KOREAN FLAG: Re: Um-Yang, does Yang represent Mind or Body?</p> <p>44. KOREAN FLAG: What color represents Um?</p> <p><a href="#">In Neh-Endurance. 45 each, j.jacks, push ups, leg lifts, knee bends</a></p>	

Red 1 to Red 2	
<p style="text-align: center;"><u>Combinations</u></p> <p>1. High Blk, Rev Pnch, Low Block <input type="checkbox"/></p> <p>2. Middle Punch, Rev Middle Punch, Side Hammerfist <input type="checkbox"/></p> <p>3. Side Punch, Side Blk Reverse Punch <input type="checkbox"/></p> <p>4. 2 Fist Block, O/I High Side hand, Goofy Low Knife Blk <input type="checkbox"/></p> <p><u>Basic Actions</u></p> <p>Jump In-Out Crescent (Spinning) <input type="checkbox"/></p> <p>Jump Out-In Crescent (Pima) <input type="checkbox"/></p> <p>Jump Back (Spinning) <input type="checkbox"/></p> <p>Jump Hook Kick (Spinning) <input type="checkbox"/></p> <p>Hyungs - Pyong Ahns <input type="checkbox"/></p> <p>II Soo Sik Combination 3 <input type="checkbox"/></p> <p>Ho Sin Sul - Self Defense <input type="checkbox"/></p> <p style="color: purple;">Choke from behind <input type="checkbox"/></p> <p style="color: purple;">1 H shoulder grab (ss) <input type="checkbox"/></p>	<p style="text-align: center;"><u>Combinations</u></p> <p>5. Rev X Block High (F. Stnc) Knifehand, Ridgehand <input type="checkbox"/></p> <p>6. Out to In Block Reverse O to In Blk (Supported) <input type="checkbox"/></p> <p>7. Elbow Strike-Back Defense Punch <input type="checkbox"/></p> <p>8. Side Block Back Kick, High Blk Reverse Punch <input type="checkbox"/></p> <p>Bassai So <input type="checkbox"/></p> <p>Bassai Dae <input type="checkbox"/></p> <p>II Soo Sik Combination 4 <input type="checkbox"/></p> <p style="color: purple;">1 H shoulder grab (cs) <input type="checkbox"/></p>
<p>HISTORY: WCIMA Logo (GO TO WEBSITE FOR ANSWERS)</p> <p>45. The Chinese characters in the middle</p> <p>46. The Red Dragon</p> <p>47. The Blue Dragon</p> <p>48. What do the dragons eye colors represent?</p> <p>49. The planet:</p> <p>50. The starburst:</p> <p>51. The black belt:</p> <p>52. The ten stars inside the belt:</p> <p>53. The eight stripes inside the belt:</p> <p>54. The words "World Class":</p> <p>55. The color gold:</p> <p>56. The tag line "Honor – Pride – Respect – Confidence":</p> <p><a href="#">In Neh - Endurance. 50 each, j.jacks, push ups, leg lifts, knee bends</a></p>	

Red 2 to 1st Dre-Test for Black Belt	
<p style="text-align: center;"><u>Combinations</u></p> <p>1. High Blk, Rev Pnch, Low Block <input type="checkbox"/></p> <p>2. Middle Punch, Rev Middle Punch, Side Hammerfist <input type="checkbox"/></p> <p>3. Side Punch, Side Blk Reverse Punch <input type="checkbox"/></p> <p>4. 2 Fist Block, O/I High Side hand, Goofy Low Knife Blk <input type="checkbox"/></p> <p>5. Rev X Block High (F. Stnc) Side Knifehand Strike (Front Stance) Ridgehand Strike (Front Stance) <input type="checkbox"/></p> <p>6. Outside-Inside Block Reverse O to In Blk (Supported) Elbow Strike-Back <input type="checkbox"/></p> <p><u>Basic Actions</u> Reverse Kicks <input type="checkbox"/></p> <p>Jump 360 Kick <input type="checkbox"/></p> <p>Hyungs - ALL including Bong. NOTES: _____</p> <p>_____</p> <p>_____</p> <p>II Soo Sik Combination 5 <input type="checkbox"/></p> <p>Ho Sin Sul - Self Defense <input type="checkbox"/></p> <p style="color: purple;">Defense against Front Kick <input type="checkbox"/></p> <p style="color: purple;">Wrist 11 (ss) metacarpal <input type="checkbox"/></p>	<p style="text-align: center;"><u>Combinations</u></p> <p>7. Defense Punch Side Block <input type="checkbox"/></p> <p>8. Back Kick High Block <input type="checkbox"/></p> <p>9. Reverse Punch Kicks: Front, Round Back <input type="checkbox"/></p> <p>10. Turning Side, Jump Side, Back Kicks <input type="checkbox"/></p> <p>11. Roundhouse, Jump Front, Back Kicks <input type="checkbox"/></p> <p>12. Inside Pivot, Knee, Turning Hook Kicks <input type="checkbox"/></p> <p>Back Wheel Kick <input type="checkbox"/></p> <p>Quick Switch Kick <input type="checkbox"/></p> <p>Wrist 12 (cs) metacarpal <input type="checkbox"/></p>
<p>HISTORY: (GO TO WEBSITE FOR ANSWERS)</p> <p>57. Give a brief description of your Head Instructor's history</p> <p>58. Baro means: <input type="checkbox"/></p> <p>59. Cha Ryut means: <input type="checkbox"/></p> <p>60. Choon Bee means: <input type="checkbox"/></p> <p>61. Kiyap means: <input type="checkbox"/></p> <p>62. Ku Gi Ba Ray means: <input type="checkbox"/></p> <p>63. Kyung Et means: <input type="checkbox"/></p> <p>64. Shi Johk means: <input type="checkbox"/></p> <p>65. Tora means: <input type="checkbox"/></p> <p><a href="#">In Neh-Endurance. 50 each, j.jacks, push ups, leg lifts, knee bends</a></p>	

Red 3 to 2nd Dre-Test for Black Belt	
<p style="text-align: center;"><u>Combinations</u></p> <p>1. High Blk, Rev Pnch, Low Block <input type="checkbox"/></p> <p>2. Middle Punch, Rev Middle Punch, Side Hammerfist <input type="checkbox"/></p> <p>3. Side Punch, Side Blk Reverse Punch <input type="checkbox"/></p> <p>4. 2 Fist Block, O/I High Side hand, Goofy Low Knife Blk <input type="checkbox"/></p> <p>5. Rev X Block High (F. Stnc) Side Knifehand Strike (Front Stance) Ridgehand Strike (Front Stance) <input type="checkbox"/></p> <p>6. Outside-Inside Block Reverse O to In Blk (Supported) Elbow Strike-Back <input type="checkbox"/></p> <p><u>Basic Actions</u></p> <p>Drop Kicks-Front, Round, Side, Back <input type="checkbox"/></p> <p>Hyungs - ALL including Bong. NOTES: _____</p> <p>_____</p> <p>_____</p> <p>II Soo Sik Combination 7 <input type="checkbox"/></p> <p>Ho Sin Sul - Self Defense (know ALL from White Belt) plus <input type="checkbox"/></p> <p style="color: purple;">Chair Defense <input type="checkbox"/></p>	<p style="text-align: center;"><u>Combinations</u></p> <p>7. Defense Punch Side Block <input type="checkbox"/></p> <p>8. Back Kick High Block <input type="checkbox"/></p> <p>9. Reverse Punch Kicks: Front, Round Back <input type="checkbox"/></p> <p>10. Turning Side, Jump Side, Back Kicks <input type="checkbox"/></p> <p>11. Roundhouse, Jump Front, Back Kicks <input type="checkbox"/></p> <p>12. Inside Pivot, Knee, Turning Hook Kicks <input type="checkbox"/></p> <p>Wrist Grabs (all) <input type="checkbox"/></p>
<p>HISTORY: Need to know all</p> <p><a href="#">In Neh-Endurance. 50 each, j.jacks, push ups, leg lifts, knee bends</a></p>	

Red 4 to Cho Dan	
<p>All Curriculum from White Belt. PLUS:</p> <p style="color: red;">Three Station Break. Practiced on WOOD in advance of testing!</p> <p style="color: red;">Two on One Sparring</p> <p style="color: red;">Must be approved by Instructor</p> <p style="color: red;">Must have proper respect, attitude and tang soo do spirit</p> <p style="color: red;">Must be attending class regularly</p> <p style="color: red;">Must write essay on what it means to you to become a BB</p> <p style="color: red;">Must sign liability waiver, non compete, and release of photo</p> <p style="color: red;">One Mile Run</p> <p style="color: red;">50 Pushups, Leg Lifts, Knee Bends</p> <p style="color: red;">Must have a minimum 48 months of training completed</p> <p style="color: red;">Must make up 10 SPECTACULAR II Soo Sik</p> <p style="color: red;">Sparring, and Physical Fitness can NOT be re-tested. If you Fail one of those you will need to re-do the entire test in 6 months.</p> <p>Candidates are required to attend the dinner after testing</p> <p>Candidates are required to attend the scheduled promotion</p> <p>Candidates are required to sign up to help with setup or cleanup for promotions</p> <p>Candidates will sign up to bring a Main Dish for promotions, a sit down dinner</p> <p>See letter for all testing and promotion details</p>	

Judge's Name:
Judge's Signature:
Notes from Judge:
Testing Number: